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## Canada

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# Health Canada Consults on Banning Partially Hydrogenated Oils in Foods

### **Report Categories:**

Policy and Program Announcements Sanitary/Phytosanitary/Food Safety Retail Foods

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#### **Report Highlights:**

Health Canada opened consultations for comments on the proposal to ban the use of partially hydrogenated oils (industrial trans fats) in foods. Food companies will have a 12-month implementation period to make the necessary changes in food formulations and to get through the existing stocks. Comments by stakeholders are due by January 13, 2017.

#### **General Information:**

Health Canada is proposing new regulations that will ban the use of partially hydrogenated oils in foods sold in Canada. While some trans fats occur naturally in certain animal-based foods, other trans fats can be introduced during food processing. Health Canada estimates that partially hydrogenated oils are the main source of industrially produced trans fats in the Canadian diet. Therefore, banning the use of partially hydrogenated oils will decrease trans fats in the food supply to the lowest level possible, which will help protect consumers' health.

The consultation period opened on November 14, 2016, and interested stakeholders are encouraged to submit comments by January 13, 2017. The purpose of this consultation is to get input on the proposal to ban partially hydrogenated oils in foods.

There are 2 ways to participate in these consultations:

- Complete the <u>consumer questionnaire</u>, which has background information and just 1 question.
- Review the <u>consultation document</u> and complete the <u>technical questionnaire</u>, which has 3 questions.

For more information, please visit this <u>link</u>.